



PEOPLE IN THE UK LIVE WITH A DISABILITY<sup>1</sup>



IN THE UK, **UP TO 92% OF PEOPLE WITH** A DISABILITY IN THE UK DO NOT USE WHEELCHAIRS<sup>1,2</sup>

## INVISIBLE

CAN BE PHYSICAL OR MENTAL<sup>3</sup>

**EPILEPSY CANCER DEPRESSION DIABETES AUTISM CROHN'S DISEASE ULCERATIVE COLITIS** DEMENTIA **LUPUS** 

Can you think of any others?

You can have both an invisible and a visible disability3. Can you think of any examples?



Could the same disability be invisible in one person and visible in another?

People may assume someone is well if their disability or condition is not visible. Is that ok?



How would you feel if a colleague told you they had an invisible condition?

What questions would you ask them and why?

## WWW.NOTEVERYDISABILITYISVISIBLE.ORG.UK

- rtment for Work and Pensions. Family Resources Survey 2018/19. Available at: https://a
- NHS England. Improving Wheelchair Services. Available at: https://www.england.nhs
  "What Is An Invisible Disability?". Invisible disabilities. Org, 2021. Available at: https://

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