



NEWSLETTER

PUTTING PEOPLE WITH INFLAMMATORY BOWEL DISEASE (IBD) IN CONTROL OF THEIR CARE

LATEST NEWS

Welcome to the 1st edition of the AWARE-IBD Study newsletter!

We would like to say a **BIG** thank you to everyone who has taken part so far – together, we can drive improvements to the Sheffield service, and ultimately improve outcomes and experiences of IBD care!

What is the AWARE-IBD project?

We're bringing together people with Crohn's and Colitis and healthcare professionals to create and guide improvements to the Sheffield IBD service. For the first time a person living with Crohn's or Colitis will be trained to lead these changes. We will measure people's experiences of care and their symptoms to understand the overall impact of the changes and to focus appointments on what is important to that individual.

Meet the Chief Investigator, Professor Alan Lobo!

"I'm so delighted by the response of people who use the service, the IBD team who deliver it and our project steering group. This is an ambitious project, which needs that partnership, to refocus the way we design services and generate long-term changes. There is a lot to learn but this has been a great start. We have to keep it up!"



How people with Crohn's and Colitis describe AWARE-IBD

Fundamental Empowering Ambitious
Influential Innovative

What is AWARE-IBD hoping to achieve?

Our ultimate goal is to empower people with Crohn's and Colitis and improve their care based on what matters to them. Together, we want to drive improvements in outcomes and experiences of care. We want people from all backgrounds, their families and carers to be involved, contributing knowledge, skills, and diverse perspectives. We will share our findings with the public to enable conversations and drive better care across the UK.

HOW WE ARE PUTTING PEOPLE WITH CROHN'S AND COLITIS AT THE CENTRE



A Patient Oversight Committee will guide and govern the project



Leading the development of a new experience measure



Taking part in workshops to feedback on the survey webpage



Leading the group to carry out changes to the hospital service



Sharing their skills, experiences and insight to shape the changes



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How can I get involved in the project?

Tier 1

Complete a one-off "What Matters To You" questionnaire

Tier 2

Get sent ideas and material as it is developed and give your comments

Tier 3

Attend weekly meetings and be part of the microsystem that drives the changes to the service. Microsystem Start Date: Feb 2022.

Take part in the research

Complete two questionnaires every 3 months (online, telephone or post).

Useful Links:

Crohn's & Colitis UK [AWARE-IBD](#) webpage

AWARE-IBD [Launch Webinar on YouTube](#)

IBD UK [IBD Standards](#)

IBD UK report [Crohn's and Colitis Care in the UK: The Hidden Cost and a Vision for Change](#)

IBD UK Benchmarking Tool [Sheffield Report](#)

If you have any questions about the project, you can contact :

Elena Sheldon
AWARE-IBD Project Manager
Tel: +44 (0)114 222 4307
Email: aware-ibd@sheffield.ac.uk



Recruitment! How are we doing so far?

392 "What Matters To you?" responses received (Tier 1)

343 people have agreed to be consulted about service improvement (Tier 2)

207 people have agreed to be part of the microsystem (Tier 3)

147 participants have already consented to the research study!

FUN FACT!

The Health Foundation has funded three other projects as part of their Common Ambition Programme!

See [here](#) to find our more

If there are any changes to your contact details, please let the study team know by sending an email to aware-ibd@sheffield.ac.uk

Finally, don't forget to [follow us on twitter](#) to stay up to date with the project in between newsletters!



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CHRISTMAS WORD SEARCH!



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C	E	L	N	E	E	T	R	E	E	E	O	M	T
L	Y	O	E	P	R	E	S	E	N	T	S	I	M
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PRESENTS
HOLLY
CHRISTMAS
SEASON
MINCE PIE
SNOW
REINDEER
SLEIGH
TREE
MISTLETOE
NORTH POLE
RUDOLF

