

CAMBRIDGESHIRE & WEST SUFFOLK NETWORK

WELCOME BACK!

After a few years of being in hiatus, our team is back with a range of events and activities to keep you involved!

Latest News

The National Institute for Health Research Inflammatory Bowel Disease Bio Resource has managed to smash their target, recruiting 25,000 individuals who are affected by the disease to support IBD research – meeting their target 2 years early.

Programs such as these help investigators understand the disease better and help improve the lives of individuals living with the condition.

Further Prospects

The NIHR IBD Bio Resource aims to increase their recruitments numbers to 50,000 over the next 5 years. For more details on how to sign up, visit the website.

Meet your Local Network team on page 2 and 3!



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UPCOMING EVENTS

Meet & Greet

Tuesday 19th November

Grain and Hop store

7:30 pm onwards

A chance to meet your Local Network volunteers and members. Look out for us we will be wearing our purple Crohn's & Colitis UK volunteer t-shirts.

We are Recruiting!

We are looking for a Lead Volunteer to head our team.

If you are interested in joining us and passionate about making a change in the community, go ahead and email the Crohn's & Colitis UK volunteering team at:

volunteering@crohnsandcolitis.org.uk

MEET THE TEAM



Claire Sanders

Awareness and Activities Volunteer

I've been on the team for over 3 years. I was diagnosed with UC 5 years ago and a couple of my friends have Crohn's disease so I wanted to help raise awareness and support those affected with Crohn's and Colitis. It's been very rewarding organising different events during my time on the committee; medical talks, informal pub gatherings, coffee mornings and sporting fundraisers, as well as managing our Facebook page. I work in Cambridge as a marketing manager and in my spare time love the theatre & musicals, tennis, running and looking after the family greyhound!



Gina Edwards

Awareness and Activities Volunteer

I wanted to volunteer to be part of the network to help raise awareness of Crohn's and Colitis, and support others on their journey with the conditions. I want to help promote the Network and hope that has a positive impact on the community helping end some of the stigma associated with bowel disease.



Peter Kelham

Awareness and Activities Volunteer

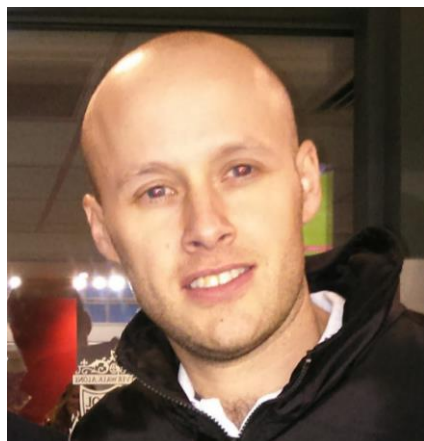
I'm really looking forward to establishing the Cambridge & West Suffolk Network as a go-to place for people interested in Crohn's & Colitis UK's local activity. Having worked for the charity for several years, I have seen first-hand the brilliant value added by volunteers across the UK. By building a strong team of volunteers we'll be able to raise significant awareness of Crohn's and Colitis.

MEET THE TEAM



Laura Houldcroft
Awareness and Activities Volunteer

I started volunteering around 2 years ago with the South Wales Network. Since relocating to Cambridge I'm really excited to help fundraise within the Cambridgeshire network. I'm inspired to volunteer for Crohn's & Colitis UK because when I was diagnosed with Crohn's disease, the charity really helped me to come to terms with my condition. I love that the charity is a sense of community for so many people! I would like to help the organising of events to gather up as many of the people within the Cambridgeshire area.



Dave Sizer
Treasurer Volunteer

I have been volunteering for over four years in the finance role of the group. My career background is in chartered accountancy. I was diagnosed with Crohns disease over twenty years ago and throughout that time have been under the care of Addenbrookes hospital. I volunteer to meet and help fellow members and share experiences.



Harindi Jayakody
Awareness and Activities Volunteer

Volunteering and event organization have always been my passions. I served as a volunteer at the Sheffield Children's Hospital for three years whilst at university. I was also the volunteering coordinator for several societies whilst at the University of Sheffield. Having relocated to Ely last year, I am eager to continue serving my community.

CONTACT US

CAMBRIDGESHIRE & WEST SUFFOLK NETWORK

Website: www.crohnsandcolitis.org.uk/CWS

Email: cws@networks.crohnsandcolitis.org.uk

GENERAL ENQUIRIES

Crohn's & Colitis UK

1 Bishops Square, Hatfield Business Park, AL10 9NE

www.crohnsandcolitis.org.uk/contact

Volunteer Enquires: 01727 73 44 75

Charity registered in England Number 1117148
Charity registered in Scotland Number SC038632
A company limited by guarantee in England:
company number 5973370

HELPLINE

Our helpline is a confidential service providing information and support for anyone affected by Crohn's or Colitis.

Our team can:

- help you understand more about Crohn's or Colitis, diagnosis and treatment options
- provide information to help you to live well with your condition
- help you understand and access disability benefits
- be there to listen if you need someone to talk to
- put you in touch with a trained support volunteer who has a personal experience of Crohn's or Colitis and understands what you are going through

CONTACT US BY:

Telephone: 0300 222 5700*

Monday to Friday - 9am to 5pm

Email: helpline@crohnsandcolitis.org.uk

Live Chat:

www.crohnsandcolitis.org.uk/livechat

*Calls to this number are charged at a standard landline rate or may be free if you have an inclusive minutes' package. Calls may be recorded for monitoring and evaluation purposes.

Get in Touch!



www.facebook.com/crohnsandcolitiscws



www.instagram.com/crohnscolitisc

If you have received this newsletter by post and would be happy to receive future editions by email please provide your name, membership number and email address to networks@crohnsandcolitis.org.uk.

This will save the network valuable funds which can be used to benefit all those affected by Crohn's and Colitis.

The Cambridgeshire & West Suffolk Network has made every reasonable effort to ensure the content of this newsletter is accurate, but accepts no responsibility for any errors or omission. The views of the contributors do not necessarily reflect the views or policies of Crohn's & Colitis UK and no reference in this newsletter to any product or service is intended as a recommendation.