

South Yorkshire Network

2018—WHAT A YEAR!

Happy New Year to you all, here is a little look back on what we got up to in 2018.

By Sam Cleasby

2018 was a great year for the South Yorkshire Network where we provided support to local people through our education days, fundraising events, coffee mornings and by raising awareness of the conditions and the Charity.

THE TEAM

The South Yorkshire network are all volunteers and we all either have Crohns, Colitis or are family members or carers. In 2018 we were hard at work whilst also dealing with our own health issues.

We are only a small network and we are always looking for more members, if you are interested in volunteering with us in 2019 then please get in touch and we can tell you a little more.

We are a friendly bunch and would love to hear from you.

"I absolutely love volunteering and the feeling I get from achieving a successful fund-raising event, along with making new friends!"

— Nat

PYJAMA PARTY



Nat and Lucy held a pyjama party at the Malin Bridge Inn in September 2018.

Local band Pyro joined in the fun and we raised £398.21 on the night!

Would you like us to host an event near you? Do you have an idea to raise money and awareness for Crohns and Colitis UK? Get in touch, we are always looking for new opportunities and we are happy to help.



EDUCATION DAY

Our annual education day was a success, thanks to our speakers Kerry Robinson, IBD nurse, Christopher Corker from the Crohn's and Colitis UK Family Network and surgeon Matt Lee who gave up their time to inform and educate all our guests.

We raised £71 but more importantly, we got to connect with all our guests and we hope everyone who attended had a great day.

RACE NIGHT

We held our second race night in Kiveton and we raised an amazing £1121.50 on the night.

We had so much fun and we are hoping to hold another race night in 2019. Would you like this to be in your area? Get in touch as we are trying to cover as much of South Yorkshire as we can. It is great fun and a wonderful way to raise awareness of Crohns and Colitis and to raise vital funds for the people of South Yorkshire.



THANK YOU

A huge thank you to H J Enthoven & Sons which is based in Matlock who run a scheme among employees where charitable donations are made in recognition for lost time injury free periods. Their Maintenance Staff nominated Crohns and Colitis UK to receive a donation of £500.00 and Nat went to collect the cheque.

Would you like to donate to the South Yorkshire network through your employer? Get in touch and let us know.

STOMA DAY

We attended the annual stoma day with our stall where Nat spent the day talking to the people of South Yorkshire who have a stoma and telling them about Crohns and Colitis UK.



COFFEE MORNINGS

We run coffee mornings in and around Sheffield every couple of months. If you are interested in attending, then keep an eye on our Facebook page and the events on the website.

Would you like to be involved in helping us run a coffee morning? Let us know.



WOULD YOU LIKE TO JOIN US?

Our small network has great passion and enthusiasm but unfortunately we can't put on as many events as we would like as there are so few of us.

Would you like to join our friendly team of volunteers? We meet once every two months and we understand the demands of work, family and health and we only ask for as much support as you can manage.

If you'd like to find out more, get in touch on networks@crohnsandcolitis.org.uk and say you are interested in joining the South Yorkshire Network.

2019

We are still planning for 2019 but we will be having another Education day, we will attend the stoma day and there will be coffee mornings and fun events throughout the year.

We also have some exciting news about a donation from Sheffield Festival Tramlines that will be announced very soon!

Let us know what you would like to see us doing, we are all ears and look forward to hearing from you.

All the best
Vicky, Nat, Lucy, Sam and Timm

If you have received this newsletter by post and would be happy to receive future editions by email please provide your name, membership number and email address to networks@crohnsandcolitis.org.uk. This will save the network valuable funds which can be used to benefit all those affected by Inflammatory Bowel

The South Yorkshire Network has made every reasonable effort to ensure the content of this newsletter is accurate, but accepts no responsibility for any errors or omission. The views of the contributors do not necessarily reflect the views or policies of Crohn's and Colitis UK and no reference in this newsletter to any product or service is intended as a recommendation.

CONTACT US

**CROHN'S &
COLITIS UK**

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Facebook



@CCUKSouthYorks

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Charity registered in England Number 1117148
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A company limited by guarantee in England:
company number 5973370

HELPLINE

Our helpline is a confidential service providing information and support to anyone affected by Crohn's Disease, Ulcerative Colitis and other forms of Inflammatory Bowel Disease (IBD).

Our team can:

- help you understand more about IBD, diagnosis and treatment options
- provide information to help you to live well with your condition
- help you understand and access disability benefits
- be there to listen if you need someone to talk to
- put you in touch with a trained support volunteer who has a personal experience of IBD

CONTACT US BY:

Telephone: 0300 222 5700*
Mon, Tue, Wed and Fri - 9 am to 5 pm
Thu - 9 am to 1 pm

Email: info@crohnsandcolitis.org.uk

Web Chat (Live Online): see our [website](#) for details

**Calls to this number are charged at a standard landline rate or may be free if you have an inclusive minutes' package. Calls may be recorded for monitoring and evaluation purposes.*