

Local Network Instagram Handles & Usernames

Please use the below username and name when creating Instagram accounts for your Local Network to help them be instantly recognizable as being part of Crohn's & Colitis UK. See notes below table for further information.

Local Network	Instagram Username*	Instagram Name**
Aberdeen & Shire	crohnsandcolitisuk_aberdeen	Aberdeen & Shire Network
Ayrshire & Arran	crohnsandcolitisuk_ayrshire	Ayrshire & Arran Network
Berkshire	crohnsandcolitisuk_berkshire	Berkshire Network
Brighton & Sussex	crohnsandcolitisuk_brighton	Brighton & Sussex Network
Bristol, Bath & North Somerset	crohnsandcolitisuk_bristolbath	Bristol, Bath & North Somerset
Cambridgeshire & West Suffolk	crohnsandcolitisuk_cambridge	Cambridgeshire & West Suffolk
Chiltern	crohnsandcolitisuk_chiltern	Chiltern Network
Clyde	crohnsandcolitisuk_clyde	Clyde Network
Dorset	crohnsandcolitisuk_dorset	Dorset Network
Durham & Wearside	crohnsandcolitisuk_durhamwear	Durham & Wearside Network
East & South East London	crohnsandcolitisuk_esel	East & South East London
East Cornwall & West Devon	crohnsandcolitisuk_ecwd	East Cornwall & West Devon
Edinburgh	crohnsandcolitisuk_edinburgh	Edinburgh Network
Exeter & District	crohnsandcolitisuk_exeter	Exeter & District Network
Gloucestershire	crohnsandcolitisuk_gloucestershire	Gloucestershire Network
Hadrian	crohnsandcolitisuk_hadrian	Hadrian Network
Hemel Hempstead & Watford	crohnsandcolitisuk_hemelwat	Hemel Hempstead & Watford
Herefordshire	crohnsandcolitisuk_hereford	Herefordshire Network
Highlands & Islands	crohnsandcolitisuk_highlands	Highlands & Islands Network
Hull & East Yorkshire	crohnsandcolitisuk_hulleyork	Hull & East Yorkshire Network
Kent	crohnsandcolitisuk_kent	Kent Network

Leeds	crohnsandcolitisuk_leeds	Leeds Network
Leicestershire & Rutland	crohnsandcolitisuk_leicester	Leicestershire & Rutland
Lincolnshire Central	crohnsandcolitisuk_lincoln	Lincolnshire Central Network
Mersey	crohnsandcolitisuk_mersey	Mersey Network
Mid & East Herts	crohnsandcolitisuk_mideastherts	Mid & East Herts Network
Mid & West Cornwall	crohnsandcolitisuk_midwestcorn	Mid & West Cornwall Network
Mid Essex	crohnsandcolitisuk_midessex	Mid Essex Network
Milton Keynes & Bedford	crohnsandcolitisuk_mkbedford	Milton Keynes & Bedford Network
North Essex	crohnsandcolitisuk_northessex	North Essex Network
North London	crohnsandcolitisuk_northlondon	North London Network
North Midlands	crohnsandcolitisuk_northmids	North Midlands Network
North West London	crohnsandcolitisuk_nwllondon	North West London Network
North West Wales	crohnsandcolitisuk_nwwales	North West Wales Network
Northamptonshire	crohnsandcolitisuk_northampton	Northamptonshire Network
Northern Ireland	crohnsandcolitisuk_ni	Northern Ireland Network
Nottinghamshire	crohnsandcolitisuk_nottingham	Nottinghamshire Network
Oxfordshire	crohnsandcolitisuk_oxfordshire	Oxfordshire Network
Shropshire & Mid Wales	crohnsandcolitisuk_shropmwales	Shropshire & Mid Wales
South & East London	crohnsandcolitisuk_southeastlondon	South & East London Network
South Essex	crohnsandcolitisuk_southessex	South Essex Network
South Manchester	crohnsandcolitisuk_southmanc	South Manchester Network
South West London & Croydon	crohnsandcolitisuk_swllondoncro	South West London & Croydon
South West Midlands & Wolverhampton	crohnsandcolitisuk_swmwolvs	South West Midlands & Wolvs
South Yorkshire	crohnsandcolitisuk_southyork	South Yorkshire Network
Staffordshire South	crohnsandcolitisuk_staffsouth	Staffordshire South Network
Tees	crohnsandcolitisuk_tees	Tees Network
Torbay	crohnsandcolitisuk_torbay	Torbay Network
Warwickshire	crohnsandcolitisuk_warwick	Warwickshire Network
West Midlands	crohnsandcolitisuk_westmidland	West Midlands Network

* Username - Due to the character limit of 30 and the length of certain Local Network names there is no ideal username configuration that suits every Network. For those whose Network name cannot fully fit alongside **_crohnsandcolitisuk** as their username please feel free to amend your Username suggested above if feel the Network name could be better represented. However please don't lose the **_crohnsandcolitisuk** as keeping this will help your page appear when people are searching for your network or any network via the search term Crohn's & Colitis UK. Also having the network's name first will allow people to more easily distinguish individual Network pages when searching, seeing stories, and tagging pages in posts.

** Name - Due to the character limit of 30 and Crohn's & Colitis UK being in the Username there is no need for it to be in the name of the page. Not having it here also allows the page to be fully named. Something that is especially important for the longer named Networks and will help when people are searching for the network as the name appears in the search results.